



**For information
and meetings dates**

Join our mailing list

Become better informed



Come to our meetings

Have your voice heard



07876 025 480



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www.essexcarersnetwork.co.uk

**Working together to
change things
for the better**

**Are you a
Family Carer
of a person with a
Learning Disability?**



PRINTED BY



Training adults with learning disabilities



01799 522145



Essex Carers Network listens to you

Our regular meetings are run by carers for carers



- Get together and share information
- Talks on relevant topics
- Keep up to date on policy and legislation
- Be involved in consultations



**Members have the
opportunity to voice
their opinions**

We take up your issues with

- Health ✓
- Transport ✓
- Housing ✓
- Education ✓
- Leisure ✓
- Social Care ✓
- Employment ✓

*to relevant decision making
boards and we ensure these
issues are addressed.*

We have more power to change things by working together!